# I- FOLIC

### Vitamin Mineral Supplement

#### Folic Acid:

Folic acid is a man-made form of a B vitamin called folate. Folic acid is used for preventing and treating low blood levels of folate (folate deficiency), as well as its complications, including "tired blood" (anemia) and the inability of the bowel to absorb nutrients properly. Folic acid is a pregnancy superhero! Folate plays an important role in the production of red blood cells and helps your baby's neural tube develop into her brain and spinal cord.

#### Iron:

Iron is an important component of hemoglobin, the substance in red blood cells that carries oxygen from your lungs to transport it throughout your body. Hemoglobin represents about twothirds of the body's iron. A lack of red blood cells is called iron deficiency anemia. Women who are pregnant need significantly more iron.



## Methylcobalamin: (Vitamin B12)

Methylcobalamin is a naturally occurring and pure form of Vitamin B12. It is taken to regulate certain vital bodily functions like cell multiplication, blood formation, and protein synthesis.



# Thiamine: (Vitamin B1)

Thiamin (also known as thiamine or vitamin B1) enables you—and your baby—to convert carbohydrates into energy. It also helps your nervous system, muscles, and heart function normally and is essential for your baby's brain development.



# Pyridoxine hydrocloride (Vit B6)

This Vitamine Plays and important role in the body. It is needed to maintain the health of nerves, skin and red Blood cells. It also helps to treat certain nerves disorder caused by certain Medication.



#### Vit-C

It is a vital nutrition for health. It helps to form & maintain bones, skin & Blood vessels. It is highly beneficial for common cold and prevents more serious complications.



Net Content: 60 Tabs

**MRP**: ₹ 550/- incl. of all taxes.

